

## How To – Havdallah

**You will need:** Glass of wine or grape juice, Havdalah candle, Fragrant spices, Matches

**Information:** The Havdalah ceremony represents the end of Shabbat. It is performed when the first three stars are seen in the sky (approximately 42 minutes after candle-lighting time). The ceremony uses wine, spices, and a special twisted candle. The wine represents the sweetness of Shabbat. The spices represent the feelings of peace and hope of Shabbat. The twisted candle represents light, the first element of G-d at the beginning of creation.

### **Instructions:**

Step 1: Recite the opening brocha

Behold! G-d is my salvation, I shall trust and not fear-for G-d, Hashem, is my might and my praise-and He was a salvation for me. You can draw water with joy, from the springs of salvation. Salvation is Hashem's, upon Your people is Your blessing, Selah. Hashem, Master of legions is with us, a stronghold for us is the G-d of Jacob, Selah. Hashem, Master of legions, praised is the man who trusts in You. Hashem save! May the King answer us on the day we call. For the Jews there was light, gladness, joy, and honor-so may it be for us. I will raise the cup of salvations, and I will invoke the Name of Hashem

Step 2: Recite the brocha over the wine

Blessed are you, Hashem, our G-d, King of the universe, Who creates the fruit of the vine. Amen

Step 3: The prayer leader takes a sip of wine

Step 4: Recite the brocha over the spices

Blessed are you, Hashem, our G-d, King of the universe, Who creates species of fragrance.  
Amen

Step 5: Smell the spices

Step 6: Recite the brocha over the havdalah candle

Blessed are you, Hashem, our G-d, King of the universe, Who creates the illuminations of the fire. Amen

Step 7: Light the havdalah candle

Step 8: Hold your hands up to the flames with your fingers curled and look at the shadows on your palms

Step 9: Recite the havdalah brocha

Blessed are you, Hashem, our G-d, King of the universe, Who separates between holy and secular, between light and darkness, between Israel and the nations, between the seventh day and the six days of labor. Blessed are You, Hashem, Who separates between holy and secular. Amen

Step 10: The prayer leader drinks the majority of the wine in the cup and pours the rest into the a dish

Step 11: Everyone present dips their fingers in the wine and touch their eyelids and inner pockets with them to symbolize the light of the mitzvah

Step 12: The prayer leader extinguishes the candle's flames in the wine