

How To – Put on a Tallit

You will need: Tallit

Information: The Tallit is a prayer shawl with tzitzits on all four corners worn by religious Jews (men in Orthodoxy and some women in non-Orthodox sects) during morning prayer services.

Instructions:

Step 1: Hold the tallit in front of you.

Step 2: Recite the blessing.

Blessed are You, Hashem, our G-d, King of the universe, Who has sanctified us with His commandments and has commanded us to wrap ourselves in tzitzit

Step 3: Place the tallit over your head and shoulders and kiss the tzitzit.