

How To – Shabbat Eve Kiddush

You will need: Glass of wine or grape juice, Bowl and pitcher with water, Challah

Information: After the kindling of the Shabbat candles, the family gathers to welcome the Shabbat. The mitzvah of reciting or listening to the kiddush is obligatory for men and women - including those of bar/bat mitzvah age. The first section of the Kiddush recognizes that G-d created the Creation in six days. By observing the seventh day as the Shabbat, we bear testimony to G-d's creation.

Instructions:

Step 1: Recite the brocha over the wine

And there was evening and there was morning the sixth day. Thus were finished the heavens and the earth, and all their array. On the seventh day G-d completed His work which He had done, and He abstained on the seventh day from all His work which He had done. G-d blessed the seventh day and hallowed it, because on it He had abstained from all His work which G-d created to make. Blessed are You, Hashem, our G-d, King of the universe, Who creates the fruit of the vine. Amen

Blessed are You, Hashem, our G-d, King of the universe, Who has sanctified us with His commandments, took pleasure in us, and His holy Sabbath, with love and with favor He gave us as a heritage, a remembrance of Creation. For that day is the prologue to holy convocations, a memorial of the Exodus from Egypt. For us did You choose and us did You sanctify from among all the peoples. And Your holy Sabbath, with love and favor, You gave us as a heritage. Blessed are You, Hashem, Who sanctifies the Sabbath. Amen

Step 2: The prayer leader drinks the wine and gives a sip of wine from the kiddush cup to everyone participating

Step 3: Recite the brocha over washing your hands

Blessed are You, Hashem, our G-d, King of the universe, Who has sanctified us with His commandments and has commanded us regarding washing the hands

Step 4: Wash your hands

Pour water from the pitcher over the top and bottom of the right hand and then the left hand three times

Step 5: Recite the brocha over the challah

Blessed are You, Hashem, our G-d, King of the universe, Who brings forth bread from the earth

Step 6: The prayer leader breaks apart the challah and everyone participating partakes

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