

## How To – Shake the Lulav

**You will need:** Etrog, Lulav

**Information:** The Lulav is the combination "four species" (Leviticus 23:40) used during Sukkot. The four species in question are a palm branch (in Hebrew, lulav), two willow branches (arava) and three myrtle branches (hadas). The six branches are bound together and referred to collectively as the lulav. The etrog (a citron) is held separately. With these four species in hand, one recites a blessing and waves the species in all six directions (east, south, west, north, up and down, symbolizing the fact that G-d is everywhere).

### **Instructions:**

Step 1: Hold the lulav in your right hand and the etrog in your left and face east.

Step 2: Bring your hands together with the oketz (the part attached to the tree) of the etrog facing up.

Step 3: Recite the blessing

Blessed are You, Hashem, our G-d, King of the universe, Who has sanctified us with His commandments and has commanded us to hold the lulav

Step 4: Recite the Shehecheyanu blessing (first day only)

Blessed are you, Hashem, our G-d, King of the universe, Who has kept us alive, sustained us, and brought us to this season

Step 5: Invert the etrog - holding the oketz facing down

Step 6: Shake the lulav and etrog three times in front of you

Step 7: Shake the lulav and etrog three times to your right

Step 8: Shake the lulav and etrog three times to your left

Step 9: Shake the lulav and etrog three times up

Step 10: Shake the lulav and etrog three times down

Step 11: Shake the lulav and etrog three times to your back