

## How To – Tie Tzitzit

**You will need:** Tzitzit, Tallit or Tallit Katan

**Information:** Tzitzit are braided threads worn by religious Jews (men in Orthodoxy and some women in non-Orthodox sects) on Tallit during morning prayer services and throughout the day on Tallit Katan. The Torah (Numbers 15:37-41) commands Jews to wear tzitzit (fringes) at the corners of our garments as a reminder of the mitzvot. The mitzvah to wear tzitzit only applies to four-cornered garments, which were common in biblical times but are not common anymore. Observant Jewish men (and women in non-Orthodox Judaism) commonly wear a special four-cornered garment, called a tallit katan ("little tallit"), in addition to the Tallis during morning services. This permits them to fulfill this important mitzvah all day long. The tallit katan is worn under the shirt, with the tzitzit hanging out so they can be seen.

### **Instructions:**

Step 1: Even up three short strands and one long strand (Shamash) and pass them through the hole in the corner of the garment ensuring they are even on both sides (leave the extra length of the shamash hanging to the side)

Step 2: With four strands in one hand and four strands in the other, make a double knot near the edge of the material

Step 3: Take the shamash and wind it around the other seven strands in a spiral motion seven times

Step 4: Tie a double knot

Step 5: Wind the shamash around the seven strands in a spiral motion eight times

Step 6: Tie a double knot

Step 7: Wind the shamash around the seven strands in a spiral motion eleven times

Step 8: Tie a double knot

Step 9: Wind the shamash around the seven strands in a spiral motion thirteen times

Step 10: Tie a double knot